

PTE UniSec Hotline és
University Safety and Security
egyetemi kiadvány külföldi
hallgatóknak

Bánáti Áron intézményi SH koordinátor

# UNIVERSITY

Safety & Security



PTE UniSec Hotline

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### "Mi szükség" a Unisec Hotline-ra és az egyetembiztonsági kiadványra?

- Korábban: Vagyonvédelmi Csoport egyetemi biztonságtechnika működtetése, hallgatói és dolgozói szolgáltatások NÉLKÜL!
- 2021-ben megalakult az EBO, a fő cél: új tevékenységek kiépítése a hallgatók és egyetemi dolgozók részére Nyugat-európai minták alapján
- Az EBO egyik legfontosabb eredménye a prevenciós szolgáltatások körének kialakítása és megkezdése hallgatói kiadvány és Unisec Hotline
- A Kiadványban szereplő esetek mindegyike előfordult már a PTE-n
- Nemzetközi egyetem, 130 küldő ország, évente cca. 1200 új külföldi hallgató közel felük EU-n kívüli országból érkezik!
- Milyen esetekben hívható az UniSec Hotline?
- "Határterületek" nem egyértelmű, hogy kihez kell fordulnia a hallgatónak!
   Pl.: szexuális zaklatás, ha (még) nem történt konkrét fizikai inzultus.
- Szinergia a kapcsolódó hallgatói szolgáltatásokkal (Campus Legal Aid Clinic és Student Counselling), és az egyetemi kollégiumokkal

Case study: "Fernando" esete

### A kiadványról

- A Global Peace Index szerint Magyarország (és Pécs) kiemelkedően biztonságos helynek számít nemzetközi összehasonlításban.
- Ennek megfelelően a PTE is igyekszik a lehető legnyugodtabb és legbiztonságosabb környezetet biztosítani a hallgatóinak.
- E cél elérésében nagy hangsúlyt kap a prevenció
- Ezért készült el az egyetemi Safety & Security Guide
- A benne szereplő tippek és ajánlások összhangban állnak a magyar BTK-val, a PTE egyetemi szabályzataival valamint a tapasztalatainkon alapuló javaslatokkal.



# UNIVERSITY Safety & Security

### Hallgatók személyes jóléte és biztonsága

### Tips & Suggestions for safe wellbeing

#### The basics:

- Be careful and aware of your surroundings!
- Be prepared!
- Have backup support!
- Have safety plan & solutions!



#### Accommodation - Private places, dormitories

Students own a number of items that are attractive to thieves/criminals so they occasionally target student houses. To reduce risks, you should: Discover the living area day & night, obtain experiences for safe and/or less friendly places, lock the doors & windows.



### Never let anyone you do not know in

Never let unknown persons who have no authorised access/cards into the dorm. Do not leave valuable things in or near to windows, doors. Communicate any suspicious circumstances to the receptionists, security guards or the police (#112)!

### **Getting home**

- Check the arrivals of the last buses you can take, be familiar with the schedule of the city's public transportation: https:// mobilitas.biokom.hu/en/timetable
- Save the telephone number of a taxi company in your phone.
- Do not pick up hitchhikers.
- · Park your car in a well-lit, busy area.

#### Keeping private properties, valuables safe

- Don't make yourself a target when carrying your values!
- Keep your bag closed!

#### Don't carry large amounts of cash

- Have an insurance
- Don't leave your laptop, tablet or cell phone unattended, not even in the car!
- Mark your properties (engraving, photography, etc.)!
- · Use PIN or pattern code!
- Record your bike's serial number (engrave an ID onto the frame – you can do it at the uni with police cooperation!

Always lock your bike to bike rack

### **®**₹

#### **ATM Security & Data Protection**

- Prefer ATMs on campus sites, next or near to banks or in well-lit. high-traffic areas of the city.
- · Never tell anyone your PIN code!
- Beware of strangers who offer to help you!
- Don't allow others to distract you while you're banking!

#### Block your card if stolen as soon as possible.

- Check your bank balance regularly!
- Inform your bank about your new address as soon as possible!
- Beware of fraudsters posing as organisations!
- Report the loss of any important documents to authorities!



### **Personal safety - Personal protection**

#### **Nights out/Safe Dating**

- Have backup make sure that you have a friend you trust to check up on you during your programme – Always follow this rule!
- · Have your mobile phone charged.
- Leave a pub with friends.
- Avoid walking alone at night.
- Avoid dark areas; use well-lit, well-travelled routes, short-cuts at night.

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- If being followed, go to the nearest public place.
- Meet in a public place for the very first time.
- Use your own transportation.
- Watch your alcohol intake.



If you see someone else in trouble, shout for help, call the police

#112

### How to

reduce risks of uncomfortable situations?

- Trust your instincts: if something does not feel right, you have to leave.
   Be assertive, communicate simply and clearly.
- Yell, scream, make noise in any way you can.
- If you are at a party, don't leave with a person
- you don't know well.

  Remember that alcohol and drugs
- compromise your ability to make decisions.

  Avoid secluded places.
- Set sexual limits and communicate them.
- Beware of partners who disregard your requests.

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### Felelős alkoholfogyasztás, illegális drogok

### Responsible alcohol consumption



### Tips for responsible party hosting

- Don't plan potentially dangerous physical activities.
- Provide plenty of non-alcoholic beverages and food.
- Arrange transportation for guests.
- Call the police if someone insists on driving home after drinking – there is zero tolerance on alcohol intake when driving in Hungary.
- Look for signs of intoxication and have a plan to deal with anyone who drinks too much.
- Don't let someone who is drunk leave alone.



#### Tips for safe(r) drinking

- Never accept drinks from strangers.
- If you leave a drink unattended, it's safer to get a new one as drinks might get spiked with drugs.
- Know how much you can drink sensibly ... and stick to your limit.
- Never drink for the sake of drinking.
- Don't drink on an empty stomach.
- Pace yourself.
- Remember that alcohol lowers your guard and can seriously affect making safe judgements.



There can be changes in the person's drinking pattern (volume, frequency), behaviour, personality – offer or ask for help to get him/her out of trouble.

### Be aware of the consequences of alcohol overconsumption

- memory loss
- involvement in violence
- · getting into trouble with police
- medical treatment for overdose
- trying drugs

### Illegal drugs

There is zero tolerance in Hungary, which means that the possession, use, exchange, manufacture or selling of illegal drugs (including marihuana cigarettes/"weed") in Hungary is prohibited by Criminal Law! Violations are dealt with under the direction of the Police.

Further, regularly updated information on illegal drugs: https://drogriporter.hu/tiltott-szerek-jegyzekei/

### Party & Rape Drugs

- If you leave a drink unattended, it's safer to get a new one as drinks might get spiked with drugs.
- Most drugs act in 15-20 minutes or faster and may last up to 10 hours.
- Mixing them with alcohol can cause death.

### Signs which refer to someone's got in trouble with drugs

Behavioural and/or physical changes: sleepiness, disorientation, sickness, confusion, vomiting, memory loss, aggression, dilated or constricted pupils. If you experience these kind of signs, give/ask for help to get the person guided and saved!





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### Szexuális zaklatás, online zaklatás

### Sexual harassment or assault

Any form of sexual activity without consent is a sexual assault and counts as a crime in Hungary.

#### What is not consent?

Responses like these clearly mean NO:

- · Silence, or not responding,
- · "You're not my type",
- "I don't know..."
- "I'm not sure if I want this"
- "I'm scared"
- "Please stop"

### Cyberbullying

Occurs when a bully targets a victim using online communication methods such as texting or social media posts to threaten, abuse, or degrade someone. It's a crime that doesn't require physical strength or a face-to-face meeting. Anyone with an intermet connection and a digital device can be a cyberbully.

### Important steps to take right away after an assault

- Call a family member or a friend you trust
- 2. Call the police & ambulance (112) or go to the nearest hospital emergency
- Do not clean any part of your body and clothes, so the hospital staff can collect evidence
- Feelings of shame, guilt, fear, and shock are normal. It is important to get counselling from a trusted professional so ask for help to make your feelings clear
- According to the Hungarian Criminal Code you are not obliged to file a police report if you decide not to do so – it is up to you.

Because of these, we have to be careful with our digital footprint. As information becomes public, anyone can be easily discovered, and tracked down which is useful not just for potential employers but criminals as well.

- Be aware of who can view your profile!
- $\bullet$  Avoid inappropriate language, comments and jokes that may cause problems and may lead to cyberbullying!

What is consent?





### Tömeg elleni erőszakos cselekmények

### Threats of Mass Violence (i.e. bomb threats)

The vast majority of bomb threats are hoaxes designed to cause panic, intimidate the public, or mislead the Police. Nonetheless, if you perceive any threats of mass violence, no matter how serious it seems, always report it to the Police by calling 112.

### Immediate steps if you perceive a threat of mass violence





If a threat is received

via email or social media





- do not reply, forward
   do not reply, forward or delete it. or delete
- note the sender's Note the number email address or username
- of the sender and

Such threats are considered a crime under the



· if displayed, note the number of the caller · write down as much

detail as possible

#### **Active shooter situations**

Fortunately, it is very difficult to acquire a handgun in Hungary and therefore the chance to find oneself in an "active shooter situation" is highly unlikely.

Who is an active shooter? An active shooter is actively engaged in killing or attempting to kill people in a populated area. The situations evolve quickly and can be over within 10-15 minutes, therefore it is important to be relatively prepared to act quickly to pro-

### **GET OUT | HIDE | TELL**



Getting out is the best option if you can escape safely. If you hear something that could be gunshots. don't wait: get out!



- · Evacuate regardless of whether others follow or not.
- Do not bunch together, large groups are easier targets.
- Leave your belongings behind.
- Help others with disabilities escape, if
- Close any doors behind you.
- Do not run across open spaces.
- Follow instructions that the Police or Security gives you.

### **GET OUT | HIDE | TELL**

if you don't know exactly where the shooting is happening or it's too late to escape safely

- · Get behind a lockable door if you
- Barricade the door, close and lock windows, lower the blinds.
- · Silence your phone, turn off the lights and stay quiet.
- Try not to panic and wait until you have clear instructions from the Police to move





### **GET OUT | HIDE | TELL**

- Provide as much detail about the targeted place and the intruder as possible.
- Follow instructions of the 112 Operator or Security.
- Do not leave the room unless advised to do so by the Police.
- Officers will evacuate you when it is safe to do so! They may:
  - Point guns at you
  - Treat you firmly Question you

  - Be unable to distinguish you from the attacker

Criminal Code

stay calm and listen

try to keep the caller

talking and alert

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### Rendőrséggel kapcsolatos alapvető információk

### **Important information on Police in Hungary**

### Documents you must always show to the police officer

- EEA citizens: ID card or passport
- non-EEA citizens: passport AND visa OR residence permit

Do not forget to renew your residence permit! You must be able to prove your legal stay in Hungary at any time!

### Task of police in Hungary:

- maintain public order
- 2. investigate crimes
- 3. guard the borders
- 4. maintain traffic order



#### **Useful tips**

- · Never argue, be cooperative!
- Non-cooperative behaviour can cause that you will be taken to the police for further inspection.
- Active or passive resistance is a crime or minor offence in Hungary.
- If you drive a vehicle (incl. bicycle) you are not allowed to drink alcohol or take drugs – there is zero tolerance in Hungary!
- For driving a motored vehicle (moped and scooter as well!) you have to have a driving licence.
- Wearing a helmet on mopeds/ scooters is obligatory! Passengers can't travel on mopeds/scooters!
- Always notify the immigration office when you change your address in Hungary.
- Always take over your post, note that official letters are written in Hungarian.
- Public transport is not free of charge in Pécs, always validate your ticket (or monthly pass by filling in your student ID card's number).

#### **Local Contact:**

#### Non-stop helpline: 112

(English/German spoken) H-7622 Pécs, Vargha Damján Str. 3. E-mail: pecsrk@baranya.police.hu

### **Typical offences**

#### Public nuisance

happens mainly at bars, clubs. Mostly it means an aggressive behaviour or assault after a verbal quarrelling. Both sides could be punished!

#### Silence nuisance

happens mainly at private residences, during a party. It means a causeless noise-making at any time of the day. For stopping an offence police officers can enter the private residence. Offenders can be fined by the officer or an investigation can be started. Refusing the stopping of the offence can cause the offender to be taken to the police.







## Köszönöm a figyelmet!